



Diwali Gift Happmers 2025 Collection



About Instant Rasoi

As a mother of two, I understand the importance of healthy eating. I founded Instant Rasoi to bridge the gap between healthy intentions and reality. Our products are carefully crafted to provide nutrition without sacrificing flavor. I'm committed to making healthy eating accessible, convenient, and delicious. Thank you for choosing Instant Rasoi. I'm proud to be part of your healthy journey



Shraddha Sinha
Founder, Instant Rasoi



Why Us?



◆ LOW GI

Enjoy sweets without sudden sugar spikes. Low GI keeps your energy steady and supports better overall health naturally.

◆ NO ADDED SUGAR

Get natural sweetness without refined sugar. Helping you manage weight, control cravings, and stay healthier long term.

◆ NO PALM OIL USED

Eat guilt-free, knowing no palm oil is added. It's better for your heart, digestion, and overall wellness.

◆ WHOLE MILLETS GOODNESS

Snack smarter with millet-based namkeens. They're rich in fibre, packed with nutrients, and support your digestion and heart health.

◆ NO PRESERVATIVES/ FILLERS

Taste only the pure goodness. No chemicals or fillers, just safe, natural, and healthier snacks for your family.

◆ NATURALLY DERIVED SWEETENER

Enjoy the same delicious taste with a healthier twist. Natural sweeteners keep calories in check without harming your body.

◆ PURE GHEE

Experience authentic flavour with pure ghee. It boosts digestion, improves energy, and makes every sweet richer and healthier.

◆ ONLY RICE BRAN OIL

Indulge in crunchy namkeens made with rice bran oil. It's heart-friendly, light, and keeps cholesterol in control.



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01

The Healthy Start Hamper –

A SMALL BOX OF BIG GOODNESS

- ◆ MULTI-GRAIN COOKIES (200G) | ₹180
- ◆ MILLET NAMKEEN (200G) | ₹180
- ◆ RAGI LADDO (200G) | ₹400

₹ 600/-



Budget-Friendly Festive Treat

Guilt-Free Snacking, No Added Sugar | Perfect Starter Gift For Loved Ones

02

Wellness Delight Hamper –

WELLNESS WRAPPED IN SWEETNESS

- ◆ MULTI-GRAIN COOKIES (200G) | ₹180
- ◆ MILLET NAMKEEN (200G) | ₹150
- ◆ BESAN LADDO- NO SUGAR (200G) | ₹400
- ◆ RAGI LADDO- NO SUGAR (200G) | ₹400

₹1100/-



Health + Festivity Together

Rich In Nutrients, Low In Guilt | Ideal Gift For The Health-Conscious

03

The Royal Festive Hamper –

CELEBRATE LIKE ROYALTY

- ◆ JEERA COOKIES (200G) | ₹180
- ◆ CHOCO CHIP COOKIES (200G) | ₹180
- ◆ MILLET NAMKEEN (200G) | ₹150
- ◆ BESAN LADDO (200G) | ₹400
- ◆ RAGI LADDO (200G) | ₹400
- ◆ COCONUT LADDO | ₹400

₹1600/-



Premium Variety With 6 Festive Delights

Fibre, Protein & Taste Rich | Perfect For Family & Corporate Gifting

04

Personalised Combo Pack –

EVERYDAY HEALTH, EVERYDAY HAPPINESS

- ◆ KHALPI AATA (1KG) | ₹190
- ◆ RAGI AATA (2KG) | ₹280
- ◆ SOYA AATA (2KG) | ₹280
- ◆ QUINOA (250G) | ₹110
- ◆ CHIA (100G) | ₹125

₹ As per
SELECTION



Boosts Strength & Immunity

High In Protein, Fibre & Nutrients | Great For Long-term Healthy Living

05

The Millet Magic Pack –

WHOLESOME MEALS, FESTIVE FEELS

- ◆ MILLET NOODLES (180G) | ₹160
- ◆ MILLET PASTA (180G) | ₹170
- ◆ MULTI-GRAIN COOKIES (200G) | ₹180

₹500/-



Quick, Tasty & Healthy

Perfect For Kids & Adults | A Unique Hamper With Everyday Delights



Manufactured By:

Instant Rasoi Pvt. Ltd.

E-62, Balwant Nagar, Gwalior - 474011 (M.P.)
www.instantrasoi.com

Place your order or for inquiries contact us at:

Shraddha Khare



+91 79770 55124



+91 79770 55124

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